

# 2010



# VOLLEYBALL



## GENERAL FACTS:

Institution: Spring Hill College

City/State/Zip: Mobile, AL 36608

Founded: 1830

Enrollment: 1,504

Nickname: Badgers

School Colors: Purple, white

Home Facility: Arthur R. Outlaw Recreation Center

Capacity: 1,600

Affiliation: NAIA

Conference: Southern States Athletic

President: Rev. Richard P. Salmi, S.J.

Athletic Director: Jim Hall

Alma Mater: Grinnell College (1995)

Faculty Athletic Representative: David Dean, Ph.D.

Athletic Department Phone: 251-380-3485

Athletic Department Fax: 251-460-2196

Sports Information Director: Jim Stennett

Alma Mater: Mississippi State (1990)

SID Phone: (251) 380-4468

SID Email: [jstennett@shc.edu](mailto:jstennett@shc.edu)

Athletic Web Site: [www.shcbadgers.com](http://www.shcbadgers.com)

Facebook: SHCAthletics

Twitter: SHCBADGERS

## COACHING STAFF:

Head Coach: Dr. Peggy Martin

Alma Mater: Indiana University (1972)

Record at Spring Hill: 8-16 (2nd season)

Career record: 1,072-297-8 (35th season)

Office Phone: (251) 380-3485

Graduate Assistant: Missy Williams

Athletic Trainer: Jake Jefcoat, ATC

Athletic Trainer's Phone: 251-380-3493

## TEAM INFORMATION:

Overall Record Last Year: 8-16

Conference/Finish: 3-7 (5th GCAC)

Starters returning: 4

Starters Lost: 2 + Libero

First season: 2001

Overall Program Record: 149-137-3

## SPRING HILL COLLEGE

Mobile, Alabama

Spring Hill College is ranked once again in the top 20 Southern universities and colleges, according to the 2011 edition of U.S. News & World Report's "America's Best Colleges."

Spring Hill is ranked 17th among the Southern colleges and universities granting master's degrees. The U.S. News rankings are based on several quality measures including academic reputation, graduation and retention rates, faculty resources, student selectivity, peer assessment and graduation rate performance. Colleges and universities are listed in various categories depending on their size, location and other factors.

The college is ranked 11th among only 15 schools listed in the South's "Great Schools, Great Prices" category, colleges that offer quality academic programs, affordable tuition and significant financial aid.

Spring Hill College is also listed in the region's "A-Plus Schools for B Students" category, campuses where B students thrive in an engaged student body.



# HEAD COACH



## PEGGY MARTIN

Mobile Sports Hall of Fame member Dr. Peggy Martin is in her second season as the head volleyball coach at Spring Hill College. Beginning her 35th season as a collegiate head coach, she opens 2010 with a career record of 1,072-297-8

Martin holds the most wins in the history of NCAA Division II after 33 consecutive winning seasons at the University of Central Missouri where she compiled a 1,064-281-8 record. At the end of the 2008 season she retired as the Jennies' coach and returned to her hometown of Mobile, but the opportunity to coach at SHC was too tempting to pass up.

Over 33 seasons at UCMO, Martin never suffered a losing season, won 25 matches in 31 consecutive seasons and won or shared 19 Mid-America Intercollegiate Athletics Association titles. Her teams made a record 25 consecutive NCAA Div. II Tournament appearances, reached the "Elite Eight" six times and finished as the National Runner-up in 1987. She has won 22 Coach of the Year Awards including the 1987 NCAA Division II National Coach of Year Award.

Martin first served as softball and volleyball coach at UCMO when she started her Division II career in 1975 and even stepped into an assistant women's basketball coaching role for the 1976-77 season. Her first collegiate coaching experience came at Florida Southern College as a volleyball and basketball coach at the then club level program.

In college, she played at Indiana University and led the women's basketball team to three consecutive national tournament berths while winning four letters in softball and three letters in field hockey. She completed her bachelor's degree at IU in 1972 and earned a master's degree from the University of North Carolina-Greensboro in 1974. In 1980, she completed her doctorate in physical education at Indiana University.

# ASSISTANT COACH



## MISSY WILLIAMS

Melissa Williams moves from the court to the sidelines this season after one of the most prolific libero careers in SHC volleyball history. GCAC Libero of the Year in both her junior and senior seasons, Williams averaged 5.84 digs per set over her four-year career on The Hill. She built a reception percentage of .956 while also scoring 64 kills with 23 assists, five total blocks and 84 service aces.

ON THE COVER:  
Senior Class of 2011  
PHOTOS BY:  
Seth Laubinger

# PREVIEW 2010

When looking at the 2010 Spring Hill College volleyball roster, it is easy to be distracted by the number of new names that appear since this edition features eight freshmen and two junior college transfers. Head Coach Peggy Martin believes the main focus, however, is on the four returning upperclassmen. "Our four returning players are the key," she says. "They have made a commitment to making this a better program, so now they must lead as well as mesh with the incoming players."

Still, she recognizes that the newcomers will play a vital role in 2010. "This new team is far more talented than last year," Martin says. "But that doesn't mean that things will be easier. Talent doesn't always win. We must make things happen as a unit and we must constantly get better as a team from player 1 to player 14."

Offensively, the Badgers should be much improved. "Our freshman setter, Taryn Nash from Independence, Mo., has been doing a really good job in the preseason," says Martin. "She's putting the ball in a hittable position for all the hitters. That's just an added plus to find a freshman that can step into the setter's role."

Nash will also have several options to choose from when it comes time to close out plays. "This year we have four or five players that can put the ball away consistently and in 2009 we really only had one with that ability," Martin says. Junior College All American Yiting Cao of Shanghai, China, has attracted most of the attention in the early season workouts and scrimmages with her power and ability. "Yiting also brings a lot that you can't measure," says Martin. "She makes us better every day."

All Conference Outside Hitter Cassandra Marchand from Grand Bay, Ala., is back for her junior campaign and brings invaluable experience and leadership with her. Freshman Sha Sha Buchanan from Mobile's McGill-Toolen Catholic High School has been impressive early in the year, earning high praise from her coach. "She has shown moments of brilliance," Martin says.

Freshman Middle Hitter Savannah Simmons from Bayside Academy in Fairhope, Ala., is already developing into what Martin describes as "a steady, go-to player that we can count on when needed."

On the defensive side, Martin admits to being a bit wary. "Our defense might not be as good as last year simply because we graduated our two time Conference Libero of the Year Melissa Williams," she says. "But freshman Meredith Donald from McGill-Toolen is a real go-after-the-ball kind of player. She has big shoes to fill, but she's doing it well."

The defensive front line will definitely be bigger this year, so Martin looks forward seeing more blocks at the net. "Yiting will be a big help in that area," she says. "And junior outside hitter Sarah Stacey from New Berlin, Wis., will be back along with Marchand. "I'm not sure that we will be as good along the back row as we were last year, but we will get better as the season progresses."

"Overall, we have good depth this year," Martin says. "The players are doing a good job of putting it on the line every day and getting better every time we go out there."

In a season of new beginnings, the Badgers can also look forward to being part of the West Division of the newly expanded Southern States Athletic Conference (SSAC) this year. "The new conference is great for volleyball," says Martin. "It's going to challenge us to be better. This is a great volleyball league and everyone we play will only help us achieve our goal of getting better."

Martin is challenging her players to create a new beginning for Badger Volleyball and is also challenging the SHC students and fans to help improve the team. "We hope to generate excitement this year," she says. "But we need the support of the campus, friends, family and alumni to make our home games electrifying. We're going to need the support at home because this year we're going into some very unfriendly confines and we want our home court be to just as enjoyable for us."



1  
Jaime Hall  
OH  
Freshman • 5-10



2  
Jessica Hall  
OH  
Freshman • 5-10



3  
Susan Gilliland  
DS  
Freshman • 5-5



4  
Abbey Roam  
OH  
Junior • 6-0



5  
Meredith Donald  
L/DS  
Freshman • 5-4



7  
Cassandra Marchand  
OH/MB  
Senior • 5-11

## 2009 STANDINGS

School	GCAC		Overall	
William Carey	4-0	1.000	20-2-1	.891
Belhaven	2-1-1	.625	7-7-3	.500
Mobile	2-2	.500	10-10-1	.500
LSUS	1-3	.250	7-6-1	.536
<b>Spring Hill</b>	<b>0-3-1</b>	<b>.125</b>	<b>8-9-1</b>	<b>.472</b>



11  
Deanna Etzold  
RS/S  
Freshman • 5-8

## 2009 ROSTER

NO.	PLAYER	POS.	CLASS	HT.	HOMETOWN
1	JAIME HALL	OH	FR.	5-10	GRAND BAY, ALA./FAITH ACADEMY
2	JESSICA HALL	OH	FR.	5-10	GRAND BAY, ALA./FAITH ACADEMY
3	SUSAN GILLILAND	DS	FR.	5-5	MOBILE, ALA./BAKER HIGH
4	ABBEY ROAM	OH	JR.	6-0	LEBANON, MO./MISSOURI ST. WEST PLAINS
5	MEREDITH DONALD	L/DS	FR.	5-4	MOBILE, ALA./MCGILL-TOOLEN CATHOLIC
7	CASSANDRA MARCHAND	OH/MB	SR.	5-11	GRAND BAY, ALA./ALMA BRYANT HIGH
10	SHA SHA BUCHANAN	MH	FR.	5-10	MOBILE, ALA./MCGILL-TOOLEN CATHOLIC
11	DEANNA ETZOLD	RS/S	FR.	5-8	MIAMI, FLA./WESTMINSTER CHRISTIAN
13	TARYN NASH	S	FR.	5-9	INDEPENDENCE, MO./TRUMAN
14	EMILY WILLIAMS	OH	SR.	5-8	MOBILE, ALA./MURPHY HIGH
15	SARAH STACEY	OH	JR.	5-9	NEW BERLIN, WIS./NEW BERLIN EISENHOWER
16	YITING CAO	RS	JR.	6-0	SHANGHAI, CHINA/SHANGHAI TECH/ILLINOIS CENTRAL
18	HOLLY SHULTIS	MB	JR.	6-0	PEWAUKEE, WIS./WAUKESHA NORTH
19	SAVANNAH SIMMONS	MH	FR.	5-10	DAPHNE, ALA./BAYSIDE ACADEMY



10  
Sha Sha Buchanan  
MH  
Freshman • 5-10



13  
Taryn Nash  
S  
Freshman • 5-9

14  
Emily Williams  
OH  
Senior • 5-8

15  
Sarah Stacey  
OH  
Junior • 5-9

16  
Yiting Cao  
RS  
Junior • 6-0

18  
Holly Shultis  
MB  
Junior • 6-0

19  
Savannah Simmons  
MH  
Freshman • 5-10

## 2010 RESULTS

DATE	OPPONENT	SITE	RESULT
Sept. 4	*at SUNO	New Orleans, La.	W; 3-0
Sept. 9	*University of Mobile	Outlaw Rec Center	L; 0-3
<b>Rhodes College Invitational</b>			
Sept. 11	vs. Principia College	Memphis, Tenn.	W; 3-0
	vs. Union University	Memphis, Tenn.	L; 2-3
Sept. 12	at Rhodes College	Memphis, Tenn.	L; 0-3
	vs. Millsaps College	Memphis, Tenn.	L; 0-3
Sept. 16	*Loyola-New Orleans	Outlaw Rec Center	L; 1-3
Sept. 18	*at Dillard University	New Orleans, La.	L; 1-3
Sept. 21	*SUNO	Outlaw Rec Center	W; 3-0
Sept. 30	*Dillard University	Outlaw Rec Center	W; 3-0
Oct. 2	at Talladega College	Talladega, Ala.	W; 3-0
Oct. 5	Faulkner University	Outlaw Rec Center	L; 1-3
<b>Faulkner University Invitational</b>			
Oct. 9	vs. Shorter College	Montgomery, Ala.	L; 0-3
	vs. Brenau University	Montgomery, Ala.	L; 0-3
Oct. 10	vs. Brewton-Parker College	Montgomery, Ala.	W; 3-1
	vs. Union University	Montgomery, Ala.	L; 0-3
Oct. 13	*Belhaven College	Outlaw Rec Center	L; 1-3
Oct. 19	*at University of Mobile	Univ. of Mobile	L; 0-3
Oct. 27	*at Loyola-New Orleans	New Orleans, La.	L; 0-3
Oct. 29	Concordia College-Selma	Outlaw Rec Center	W; 3-0
Oct. 31	*at Belhaven College	Jackson, Miss.	L; 1-3
Nov. 2	Talladega College	Outlaw Rec Center	W; 3-0
<b>GCAC Tournament</b>			
Nov. 13	at University of Mobile	Univ. of Mobile	L; 0-3
	vs. Dillard University	Univ. of Mobile	L; 0-3

\* - GCAC match

# 2010 SPRING HILL COLLEGE VOLLEYBALL



## 2010 SCHEDULE

DATE	OPPONENT	SITE	TIME
AUG. 24	% FAULKNER STATE CC	HOME	4:00 P.M.
SEPT. 3	SOUTHEASTERN UNIVERSITY (FLA.)	HOME	6:00 P.M.
SEPT. 7	*AT UNIVERSITY OF MOBILE	UNIV. OF MOBILE	7:30 P.M.
SEPT. 9	AT CONCORDIA COLLEGE-SELMA	SELMA, ALA.	6:00 P.M.
<b>SSAC CONFERENCE CROSSOVER @ MONTGOMERY, ALA. - SEPT. 10-11</b>			
SEPT. 10	VS. SHORTER UNIVERSITY	MONTGOMERY, ALA.	4:30 P.M.
SEPT. 11	VS. BRENAU UNIVERSITY	MONTGOMERY, ALA.	10:00 A.M.
	VS. COLUMBIA COLLEGE (S.C.)	MONTGOMERY, ALA.	3:00 P.M.
SEPT. 14	*AT LOYOLA UNIVERSITY (LA.)	NEW ORLEANS, LA.	7:00 P.M.
SEPT. 21	HUNTINGDON COLLEGE	HOME	6:00 P.M.
<b>SPRING HILL COLLEGE/UNIVERSITY OF MOBILE INVITATIONAL - SEPT. 24-25</b>			
SEPT. 24	STILLMAN COLLEGE	HOME	7:00 P.M.
SEPT. 25	FISK UNIVERSITY	HOME	11:00 A.M.
SEPT. 28	CONCORDIA COLLEGE-SELMA	HOME	6:00 P.M.
SEPT. 30	*FAULKNER UNIVERSITY	HOME	7:00 P.M.
<b>LOYOLA WOLFPACK TOURNAMENT @ NEW ORLEANS, LA. - OCT. 1-2</b>			
OCT. 1	VS. XAVIER UNIVERSITY (LA.)	NEW ORLEANS, LA.	12:00 P.M.
	VS. UNIVERSITY OF ST. THOMAS (TEXAS)	NEW ORLEANS, LA.	4:30 P.M.
OCT. 2	VS. DILLARD UNIVERSITY	NEW ORLEANS, LA.	11:00 A.M.
OCT. 6	AT XAVIER UNIVERSITY (LA.)	NEW ORLEANS, LA.	6:00 P.M.
<b>FAULKNER UNIVERSITY INVITATIONAL @ MONTGOMERY, ALA. - OCT. 8-9</b>			
OCT. 8	VS. BREWTON-PARKER COLLEGE	MONTGOMERY, ALA.	11:30 A.M.
	VS. LINDSEY WILSON COLLEGE	MONTGOMERY, ALA.	5:30 P.M.
OCT. 9	VS. MARTIN METHODIST COLLEGE	MONTGOMERY, ALA.	9:00 A.M.
	VS. ASBURY UNIVERSITY	MONTGOMERY, ALA.	1:00 P.M.
OCT. 12	AT HUNTINGDON COLLEGE	MONTGOMERY, ALA.	6:00 P.M.
OCT. 15	*AT FAULKNER UNIVERSITY	MONTGOMERY, ALA.	7:00 P.M.
OCT. 21	AT SOUTHERN UNIVERSITY AT NEW ORLEANS	MONTGOMERY, ALA. 7:00 P.M.	NEW ORLEANS, LA.
OCT. 23	*BELHAVEN UNIVERSITY	HOME	6:00 P.M.
OCT. 26	*LOYOLA UNIVERSITY (LA.)	HOME	3:00 P.M.
OCT. 30	UNIVERSITY OF ALABAMA-HUNTSVILLE	HOME	7:00 P.M.
NOV. 2	AT UNIVERSITY OF WEST FLORIDA	HOME	7:00 P.M.
NOV. 4	*UNIVERSITY OF MOBILE	PENSACOLA, FLA.	7:00 P.M.
NOV. 6	*AT BELHAVEN UNIVERSITY	HOME	7:00 P.M.
NOV. 12-13	AT 2010 SSAC VOLLEYBALL TOURNAMENT	JACKSON, MISS.	2:00 P.M.
		GULFPORT, MISS.	TBA

% - EXHIBITION

\* - SSAC WEST MATCH